



Wisdom Montfort
International school
Monthly Report JUNE 2025

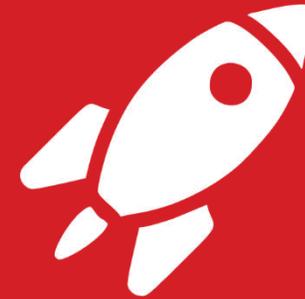
SPORTZ VILLAGE

Vision



“Make our world a better place by getting more kids to play.”

Mission



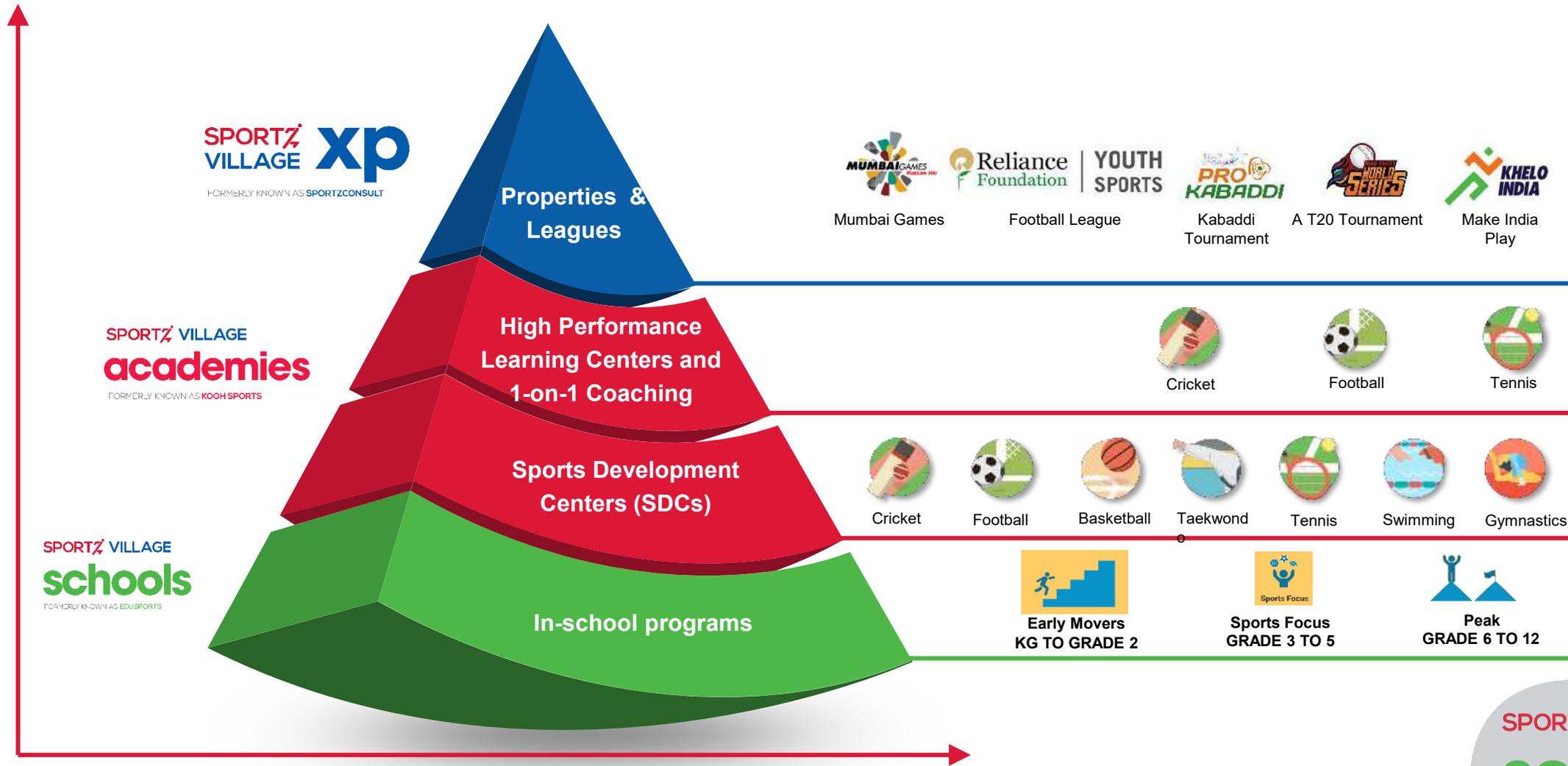
“To build the world’s largest youth sports platform that gets 100 million kids to play.”

Human Beings are fundamentally

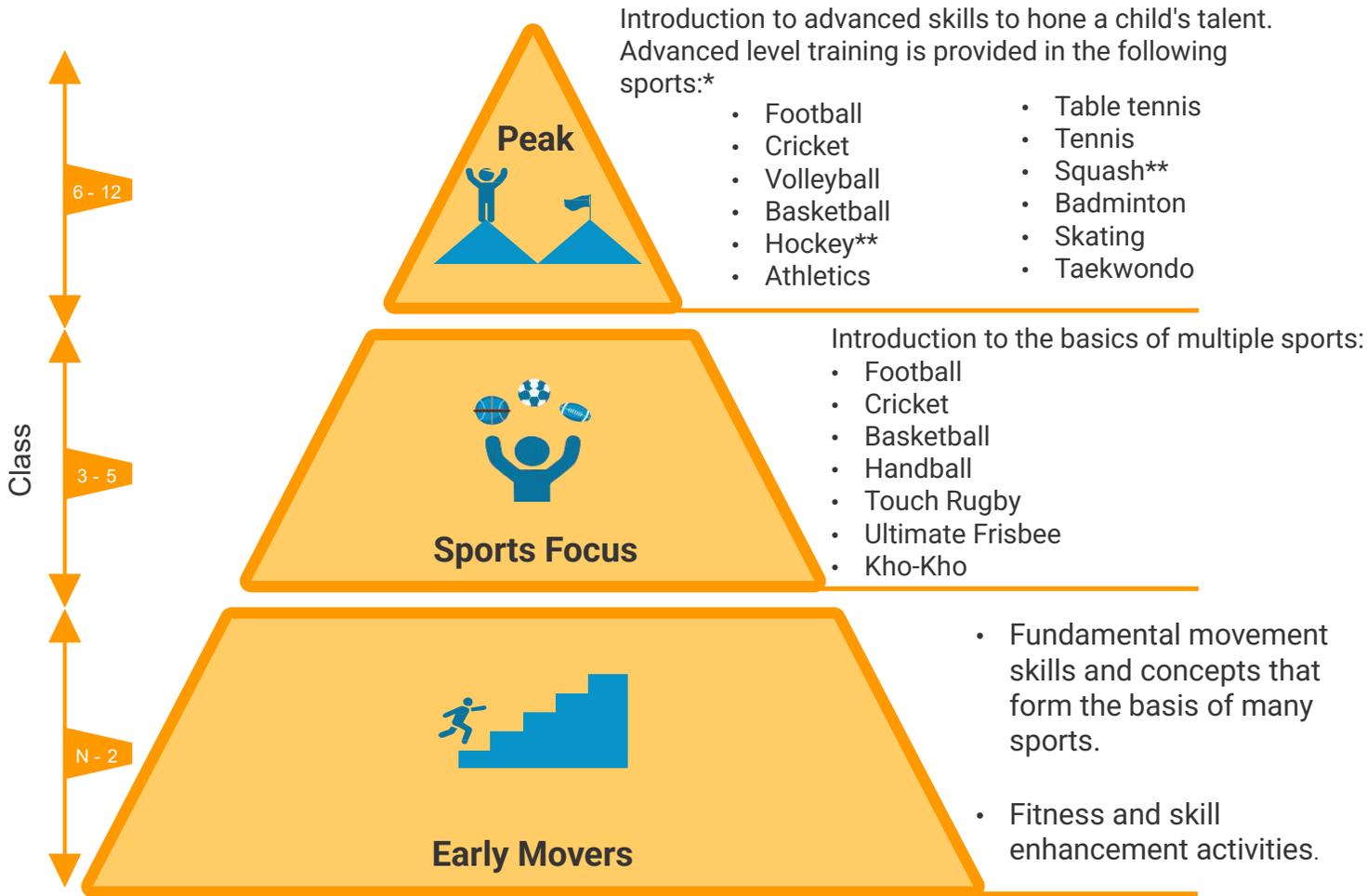
born to play



SPORTZ VILLAGE Engagement Model



FUNdamentals



FUNdamentals covers programs which focus on building the foundation of sports for all children in a fun and engaging manner

Add on programs



HealthyMindz™



SV Coverage & Team @ School Name

School Name : Wisdom Montfort international school

Coverage : N - S10

No of Trainer : 2

Trainer Name : Navya R and Reshma Roy



Events & Highlights of the program

- SportzVillage Classes .
- YOGA DAY
- INVESTITURE CERMONY

Lesson covered.

Pre kg

LP.NO.	NAME OF THE LESSON PLAN	NAME OF THE LESSON PLAN
N.1	My Space - 1	Jumping, running, turning in personal and general space, cardiovascular fitness, lower body strength, spatial awareness, attention skills, cooperation and social awareness.
N.2	Colorful Planes	Running technique, speed, lower body strength, memory, sequencing, problem-solving, cooperation, respect, unity and social awareness.
N.3	Fast and Slow Vehicles	Running technique, speed, agility, working memory, focus, attention, cooperation and teamwork.
N.4	Shapes Circuit	Locomotor skills in relationship with objects, flexibility, overall fitness, spatial awareness, memory, recall, teamwork, patience, and respect for personal space.

LKG

LP.NO.	NAME OF THE LESSON PLAN	NAME OF THE LESSON PLAN
K1.1	My Space	Locomotor skills in personal and general space, body control, balance, memory, concentration, cooperation, self-regulation, and empathy.
K1.2	Traffic Lights	Directional movement related to traffic lights and road safety, coordination, balance, reaction time, cognitive flexibility, focus, patience, respect and emotional regulation.
K1.3	Shape walk	Locomotor skills in different pathways, speed, agility, spatial awareness, following directions, cooperation, communication, and self-regulation.
K1.4	Walking & Sharing	Walking technique, balance, coordination, lower body strength, attention, sequencing, problem-solving, teamwork, communication, emotional regulation, and sportsmanship.
K1.5	Running Cheetah	Running in different paths, agility, balance, speed, spatial awareness, sportsmanship, communication, and positive peer interaction.

UKG

LP.NO.	NAME OF THE LESSON PLAN	NAME OF THE LESSON PLAN
K2.1	Traffic Rules	Moving in different directions and following the rules, upper body, & lower body coordination, listening skills, creativity, safety awareness, responsibility, patience and emotional regulation.
K2.2	Jungle Jumps	Different locomotor skills such as running, walking, jumping, coordination, gross motor skills, imagination, listening skills, teamwork, communication, and respect for boundaries
K2.3	North, South, East and West	Locomotor skills such as jogging, hopping, running, speed, agility, strength of the lower body, spatial awareness, directional understanding, shape recognition, teamwork and cooperation.
K2.4	Safari Adventure	Running technique, upper & lower body strength, balance, focus, spatial awareness, sportsmanship, self-regulation and positive peer interaction.
K2.5	Volcano Erupts	ocomotor skills like walking, running, hopping, jumping, cardiovascular fitness, strength of the lower body, creative thinking, cognitive flexibility, teamwork, communication, and resilience.

Lessons Covered

Grade 1

LP.NO.	NAME OF THE LESSON PLAN	NAME OF THE LESSON PLAN
S1.1	Formation and Boundaries	Different locomotor & non-manipulative skills in relationship with objects, agility, coordination, strengthening the lower body, sequential thinking, pattern recognition, goal-setting and problem-solving.
S1.2	Magic Ball	Coordinated body movements in different directions, agility, strengthens the lower body, attention, cognitive flexibility, decision making and teamwork
S1.3	Animal Levels	Different gross motor skills at different levels, the strength of both upper body and lower body, working memory, inhibition, goal setting and communication skills.

Grade 2

LP.NO.	NAME OF THE LESSON PLAN	NAME OF THE LESSON PLAN
S2.1	Chase, Dodge, and Flee	Different locomotor & non-manipulative skills in relationship with objects, agility, coordination, strengthening the lower body, sequential thinking, pattern recognition, goal-setting and problem-solving.
S2.2	Rainbow Sprint	Coordinated body movements in different directions, agility, strengthens the lower body, attention, cognitive flexibility, decision making and teamwork
S2.3	The Cooperative Challenge	Different gross motor skills at different levels, the strength of both upper body and lower body, working memory, inhibition, goal setting and communication skills

Lessons Covered

Grade 3

LP.NO.	NAME OF THE LESSON PLAN	NAME OF THE LESSON PLAN
S3.1	Tug-of-War	Different motor skills, upper body strength, endurance, overall physical fitness, strategic thinking, cognitive flexibility, positive thinking, teamwork and cooperation.
S3.2	Cricket: Batting - Stance, Grip, and Swing	The stance, grip & swing technique in Cricket, balance, coordination, the strength of the upper body, cognitive flexibility, strategic thinking, self-regulation, teamwork and collaboration.
S3.3	Cricket: Bowling basics	Bowling technique in Cricket, coordination, agility, flexibility, concentration, focus, self-awareness, decision making and cooperation.

Grade 4

LP.NO.	NAME OF THE LESSON PLAN	NAME OF THE LESSON PLAN
S4.1	Kho-Kho Take-off & Tagging	The take-off technique, speed, agility, attention, impulse control skills, sportsmanship as they learn to win and lose gracefully.
S4.2	Chain Kho & Dodging	Dodging technique in Kho-Kho, speed and agility, logical thinking, cognitive flexibility, self-confidence and self-esteem
S4.3	Double chain Kho & Chasing	Chasing technique in Kho-Kho, speed, agility, attention, focus, teamwork and collaboration.

Lessons Covered

Grade 5

LP.NO.	NAME OF THE LESSON PLAN	NAME OF THE LESSON PLAN
S5.1	Track & Field - Middle Distance Running	To introduce the basics of Middle-distance running, cardiovascular fitness, attention, memory, inhibition, goal setting and competence

Grade 6,7,8,9,10

LP.NO.	NAME OF THE LESSON PLAN	NAME OF THE LESSON PLAN
	Track & Field - Middle Distance Running	To introduce the basics of Middle-distance running, cardiovascular fitness, attention, memory, inhibition, goal setting and competence

Activity

*YOGA DAY and INVESTITURE .



Class Execution Grade Pre kg and UKG and Lkg



Class Execution Grade 1 and 2



Class Execution Grade 3 and 4



- **Class Execution Grade 5 and Above**



Thank
you



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