



Wisdom Montfort  
International school  
Monthly Report October 2025

# SPORTZ VILLAGE

## Vision



“Make our world a better place by getting more kids to play.”

## Mission



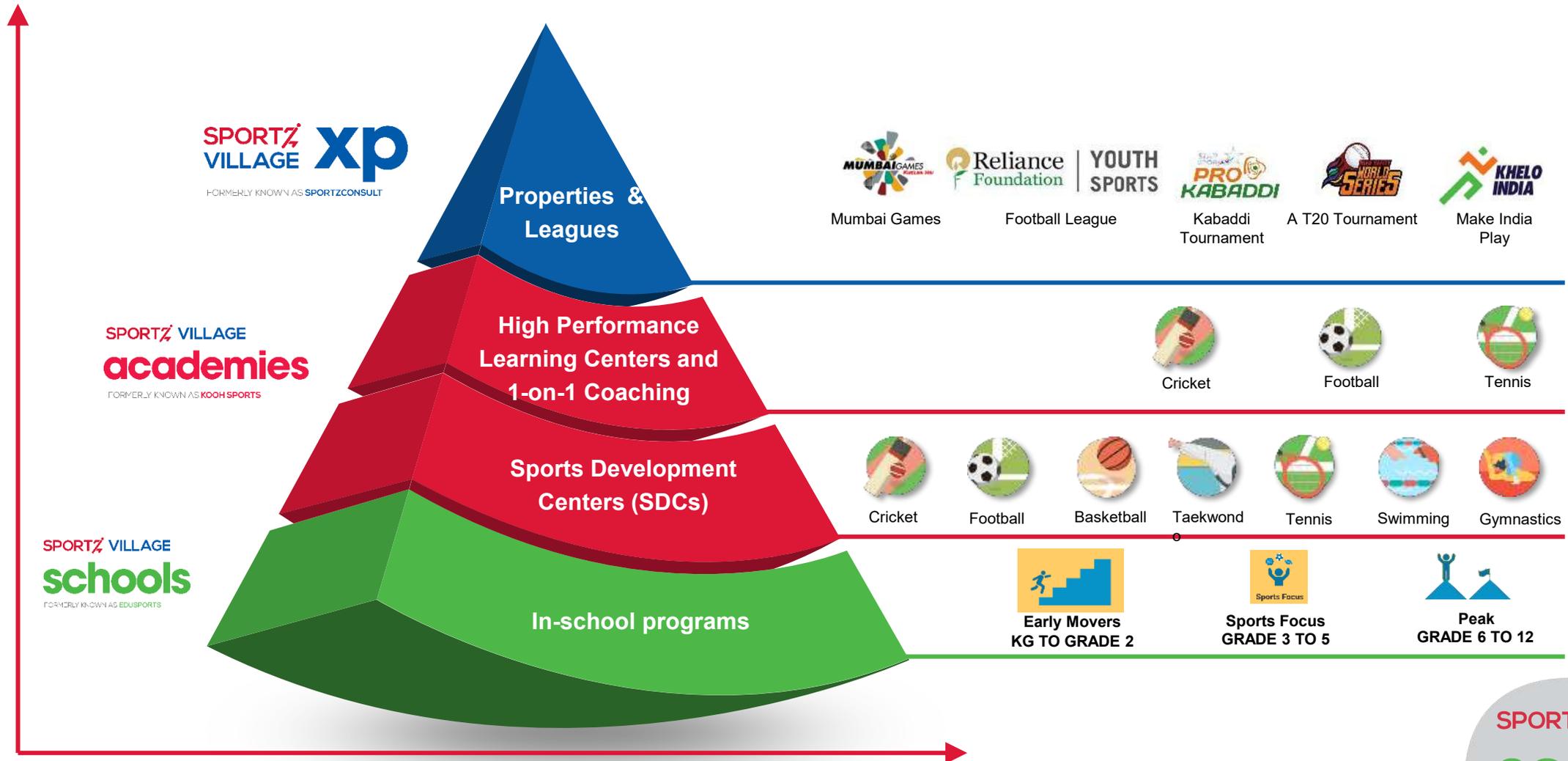
“To build the world’s largest youth sports platform that gets 100 million kids to play.”

Human Beings are fundamentally

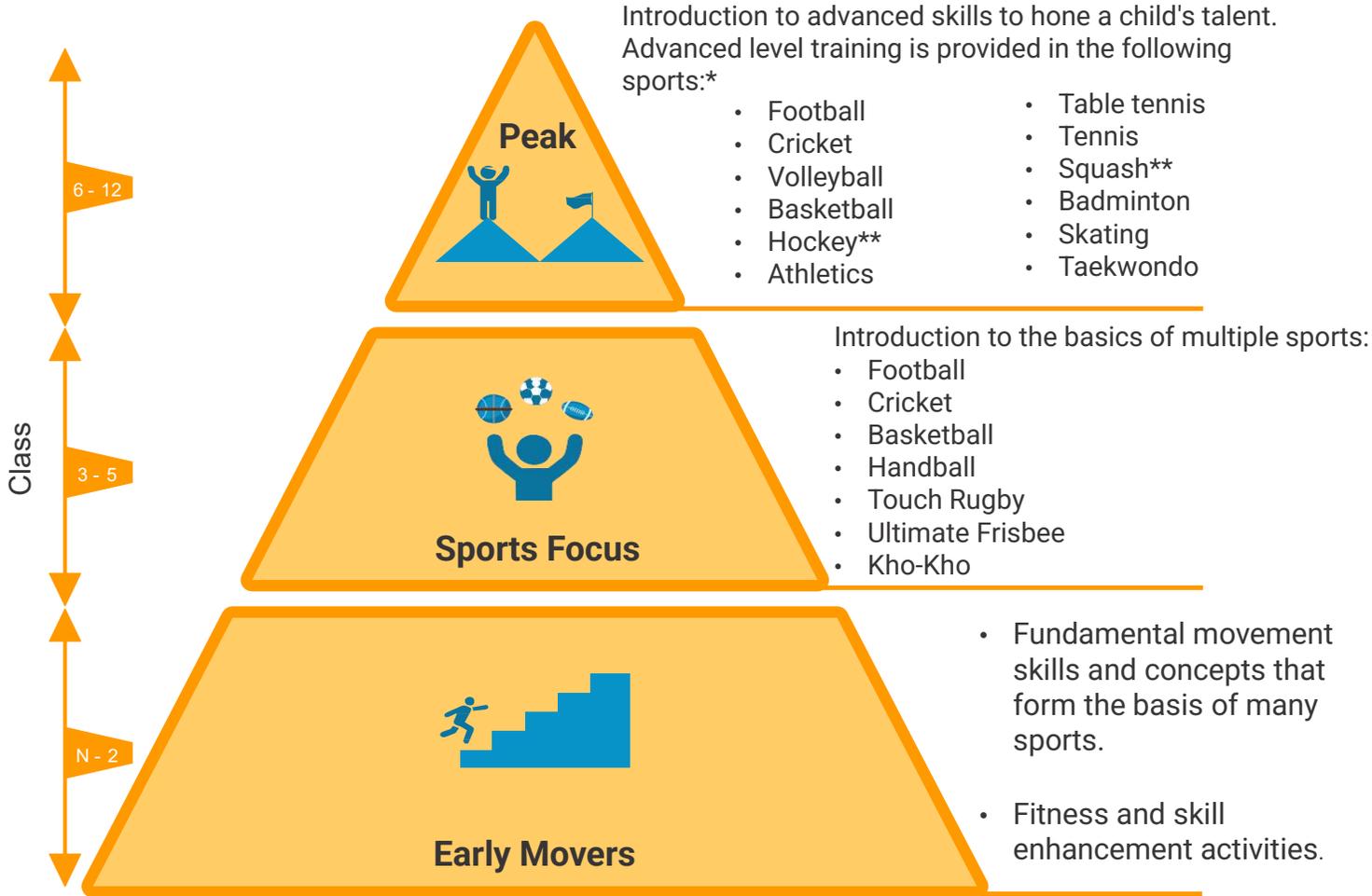
**born to play**



# SPORTZ VILLAGE Engagement Model



# FUNdamentals



**FUNdamentals** covers programs which focus on building the foundation of sports for all children in a fun and engaging manner

## Add on programs



**HealthyMindz™**



## SV Coverage & Team @ School Name

**School Name : Wisdom Montfort international school**

**Coverage : N - S10**

**No of Trainer : 2**

**Trainer Name : Navya R and Reshma Roy**



## Events & Highlights of the program

- SportzVillage Classes .
- Swimming competition.

# Lesson covered.

## Pre kg

LP.NO.	NAME OF THE LESSON PLAN	NAME OF THE LESSON PLAN
N.13	Frogs and Flies	To develop coordination and strength with a fun movement of Takeoff, flight, and land like a frog
N.14	Fundoo Days-1	To showcase multiple fundamental movement skills in a relationship with space awareness and effort
N.15	Can you Hop?	To develop the Locomotor skill of Hopping

## LKG

LP.NO.	NAME OF THE LESSON PLAN	NAME OF THE LESSON PLAN
K1.13	Toss & Catch	Throwing and catching skills, agility, hand-eye coordination, balance, flexibility, focus, attention, communication and sportsmanship
K1.14	Distance Throwing	Throwing accuracy, hand-eye coordination, arm strength, proprioception, spatial awareness, strategic thinking, communication, emotional regulation, and patience.
K1.15	Sports day practice	Locomotor skills such as running & jumping, cardiovascular fitness, speed, lower body strength, spatial awareness, sequencing, confidence, teamwork, cooperation and sportsmanship

## UKG

LP.NO.	NAME OF THE LESSON PLAN	NAME OF THE LESSON PLAN
K2.15	Hop in Shapes	Hopping technique, balance, coordination, lower body strength, logical thinking, shape recognition, self-awareness, positive thinking and Teamwork.
K2.16	Indian Games	Hopping technique, balance, coordination, lower body strength, logical thinking, cognitive flexibility, attention, positive thinking and perseverance.

## Grade 1

LP.NO.	NAME OF THE LESSON PLAN	NAME OF THE LESSON PLAN
S1.9	Playful Frogs	Balancing skills, balance, overall body strength, letter recognition, sequencing, sharing, leadership and collaboration.

## Grade 2

LP.NO.	NAME OF THE LESSON PLAN	NAME OF THE LESSON PLAN
S2.9	Fishing Net	Hopping technique, cardiovascular fitness, balance, lower body strength, strategic thinking, cognitive flexibility, teamwork, problem-solving and creativity.

## Grade 3

LP.NO.	NAME OF THE LESSON PLAN	NAME OF THE LESSON PLAN
S3.10	Basketball - The Matchday (Fundoo Days	To showcase the dribbling, passing and shooting skills in Basketball, speed, coordination, lower body & upper body strength, working memory, attention, concentration, teamwork, goal-setting and Competence
S3.11	Physical Fitness – Speed, Flexibility and Strength	Perform speed, flexibility and strength fitness tasks, anaerobic, flexibility, abdominal strength, memory & recall, strategic thinking, resilience, goal-setting and competence.

## Grade 4

LP.NO.	NAME OF THE LESSON PLAN	NAME OF THE LESSON PLAN
S4.11	Handball – Dribbling	Ball control and dribbling techniques in Handball, agility, coordination, muscular strength, attention, processing speed, memory & recall skills, cooperation, resilience and perseverance.
S4.12	Handball - Dribbling and Bounce pass	Dribbling and bounce pass techniques in Handball, coordination, upper body strength, spatial awareness, attention, focus, self-awareness, cooperation and teamwork.

# Lessons Covered

- Grade 5 6,7,8,9,10

NAME OF THE LESSON PLAN	NAME OF THE LESSON PLAN
Basketball and Football ;Dribbling and passing –chest ,bounce and overhead	Dribbling and different passing techniques ,coordination upper body strength ,visual perception, multi-tasking skills , team work and collabrations

# Class Execution Grade Pre kg and LKG and UKG



# Class Execution Grade 1 and 2



# Class Execution Grade 3 and 4



- **Class Execution Grade 5 and Above**



Thank  
you



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