



Wisdom Montfort
International school
Monthly Report November 2025

SPORTZ VILLAGE

Vision



“Make our world a better place by getting more kids to play.”

Mission



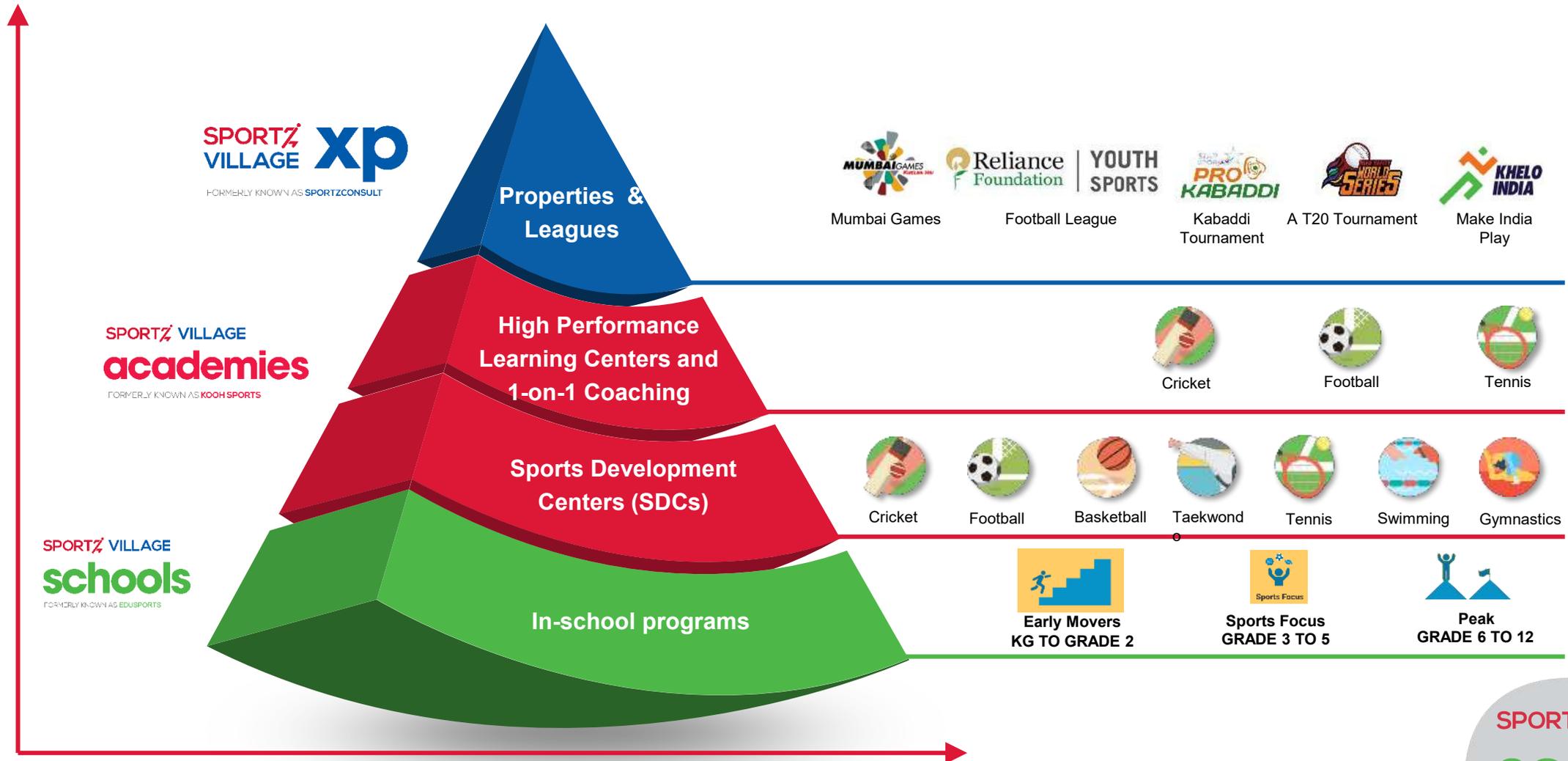
“To build the world’s largest youth sports platform that gets 100 million kids to play.”

Human Beings are fundamentally

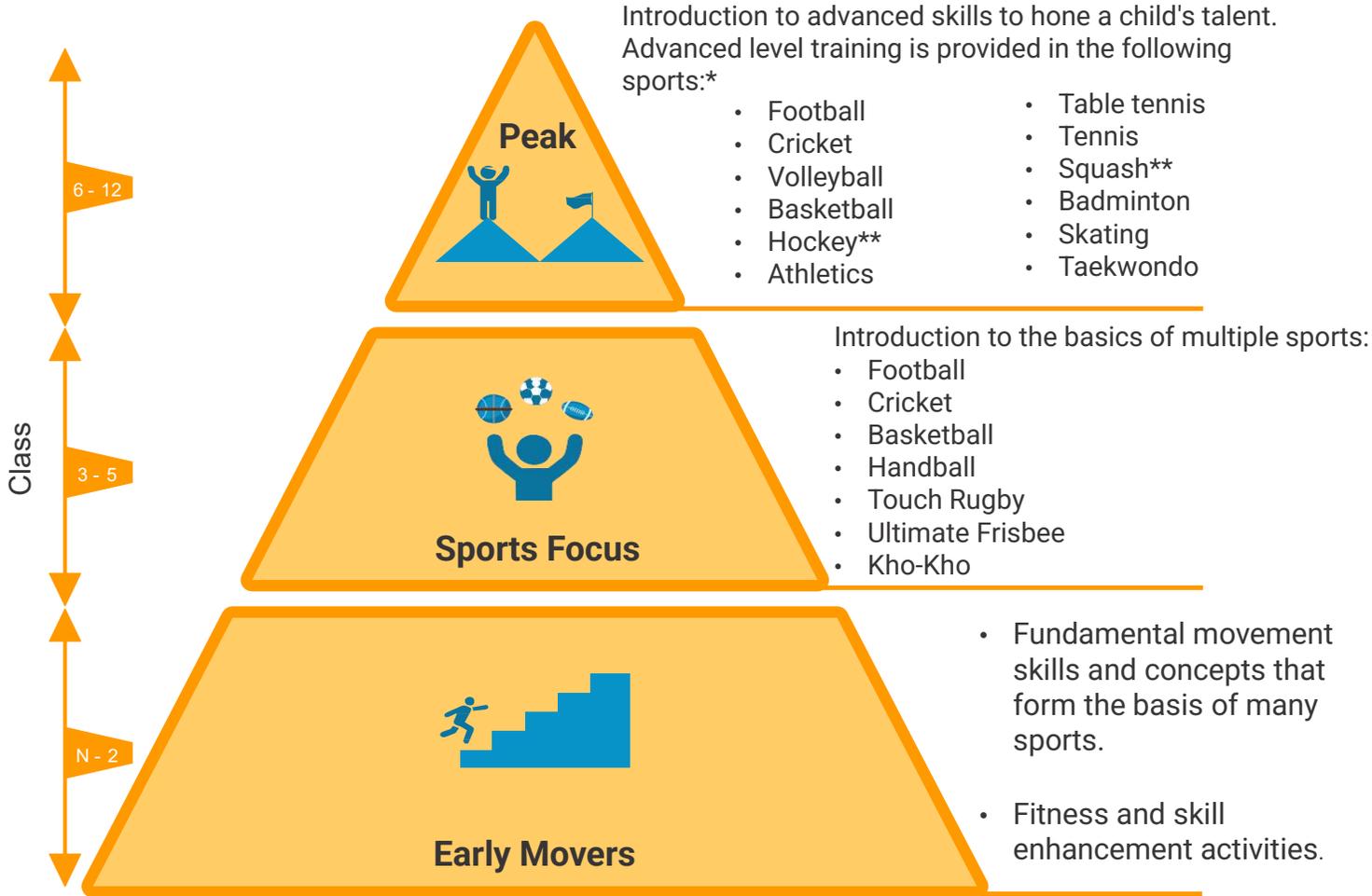
born to play



SPORTZ VILLAGE Engagement Model



FUNdamentals



FUNdamentals covers programs which focus on building the foundation of sports for all children in a fun and engaging manner

Add on programs



HealthyMindz™



SV Coverage & Team @ School Name

School Name : Wisdom Montfort international school

Coverage : N - S10

No of Trainer : 2

Trainer Name : Navya R and Reshma Roy



Events & Highlights of the program

- SportzVillage Classes .
- Inter school competition
- Children day .

Lesson covered.

Pre kg

LP.NO.	NAME OF THE LESSON PLAN	LEARNING OUTCOMES OBJECTIVES
N.17	Scarf Throw - 1	This activity focuses on the fundamental skill of throwing and catching .The scarves makes them perfect for this age group to improve their hand-eye coordination.
N.18	Scarf Throw - 2	It reinforces the fundamental skill of throwing and catching learned in lesson 6. The lightweight of the scarves makes them perfect for this age group to improves
N.19	Run Pick and Place	To make the children participate in some pulse-racing activities with a focus on the correct posture and orientation while running
N.20	Roll a Ball	To develop good hand-eye coordination with activities of rolling a ball to a target
N.21	Horse Gallop	To introduce the correct technique of Galloping

LKG

LP.NO.	NAME OF THE LESSON PLAN	LEARNING OUTCOMES OBJECTIVES
K1.17	Fundoo Days- 1	Different locomotor skills, physical fitness and coordination, balancing, sequencing, memory and recall, teamwork and goal setting
K1.18	Color Fun Time	Physical fitness tasks, balance, agility, color recognition, cognitive flexibility, teamwork, cooperation, sharing and emotional regulation
K1.19	Ring Runway and Scarf Chase	Running and dodging skills, speed, agility, balance, memory, concentration, sharing, positive peer interaction and emotional regulation.
K1.20	Rope Shapes	Balancing skills, upper body strength, balance, coordination, shape, color, number recognition, teamwork, cooperation, patience, sportsmanship and self-regulation.

Lesson covered

UKG

LP.NO.	NAME OF THE LESSON PLAN	LEARNING OUTCOMES OBJECTIVES
K2.17	Throwing Masters	Underarm & overhead throwing technique with vowels, coordination, upper body strength, logical thinking, letter recognition, self-awareness, cooperation and teamwork
K2.18	Toss and Catch with Friends	Toss and catch technique at different levels and shapes, balance, coordination, strength, logical thinking, shape recognition, self-awareness, cooperation and teamwork.
K2.19	Fundoo Days -1	Different locomotor skills with movement concepts, speed, agility, muscular strength, sequential processing, spatial awareness, goal setting and competence
K2.20	Horse Gallop	Galloping technique, cardiovascular fitness, coordination, lower body strength, memory, attention, focus, stress management, communication and cooperation
K2.21	Treasure Slide Island	Sliding Technique, cardiovascular fitness, the strength of the lower body, planning, attention, concentration, self-confidence, resilience and perseverance.

Grade 1

LP.NO.	NAME OF THE LESSON PLAN	LEARNING OUTCOMES OBJECTIVES
S1.15	Fundoo Days – 1	Different locomotor skills with movement concepts, speed, cardiovascular fitness, agility, strength, sequential processing, spatial awareness, goal setting and competence
S1.16	Jumping Rabbits	Different jumping skills in the pathways & directions, cardiovascular fitness, strength of the lower body, cognitive flexibility, sequence recognition, goal setting and decision making.

Grade 2

LP.NO.	NAME OF THE LESSON PLAN	LEARNING OUTCOMES OBJECTIVES
S2.10	Fundoo Days -1	Different locomotor skills and movement concepts, speed, coordination, agility, lower body strength, working memory, attention, concentration, teamwork, goal-setting and Competence.
S2.11	Underarm & Overhead Throw and Catch.	Underarm, overhead throwing & catching skills, coordination, upper body strength, working memory, concentration, cooperation and teamwork.

Grade 3

LP.NO.	NAME OF THE LESSON PLAN	LEARNING OUTCOMES OBJECTIVES
S3.12	Ultimate Frisbee – Basics	Throwing & catching technique in Ultimate Frisbee, strength of the upper body, aerobic fitness, creativity, innovative thinking, teamwork and collaboration.
S3.13	Ultimate Frisbee – Throw & Go	Perform speed, flexibility and strength fitness tasks, anaerobic, flexibility, abdominal strength, memory & recall, strategic thinking, resilience, goal-setting and competence.

Grade 4

LP.NO.	NAME OF THE LESSON PLAN	LEARNING OUTCOMES OBJECTIVES
S4.13	Handball - Dribbling, Bounce Pass & Bounce shot	Bounce pass and shoot techniques in Handball, coordination, balance, upper body strength, attention, focus, self-awareness, goal setting and cooperation.
S4.14	Handball: The Matchday (Fundoo Days	The skills acquired through learning Handball, the overall fitness of the body, working memory, strategic thinking, goal setting, communication and teamwork

Lessons Covered

Grade 5

LP.NO.	NAME OF THE LESSON PLAN	LEARNING OUTCOMES OBJECTIVES
S5.12	Basketball - The Matchday (Fundoo Days	To showcase the dribbling, passing & shooting skills in Basketball, speed, coordination, lower body & upper body strength, working memory, attention, concentration, teamwork, goal-setting and competence
S5.13	Ultimate Frisbee – Basics	Throwing and catching technique in Frisbee, coordination, agility, cardiovascular endurance, focus, visual-spatial processing, positive thinking and cooperation

Grade 6,7,8,9,10

NAME OF THE LESSON PLAN	NAME OF THE LESSON PLAN
Basketball and Football ;Dribbling and passing –chest ,bounce and overhead	Dribbling and different passing techniques ,coordination upper body strength ,visual perception, multi-tasking skills , team work and collaboration

Class Execution Grade Pre kg and LKG and UKG



Class Execution Grade 1 and 2



Class Execution Grade 3 and 4



- **Class Execution Grade 5 and Above**



Thank
you



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